

CVHS PTSA 2023-2024 Programs, Merchant Rebates and Volunteering



CVHS PTSA depends on the support of our families and community to provide its many programs. You **DO NOT** need to be a PTSA member to volunteer.

Please Support our Merchant Rebate Programs – they're FREE for you and help us raise funds!!



****Ralphs card must be re-registered every year****

1. Login to your account at www.ralphs.com
2. Click on 'Your Name' and select 'My Account' (in the top right-hand corner)
3. Select Community Contributions from the menu on the left
4. Scroll to bottom of page and select – Capistrano Valley HS PTSA PR283

Follow Us!  [cvhs.ptsa.mv](https://www.facebook.com/cvhs.ptsa.mv)

 [cvhs.ptsa.mv](https://www.instagram.com/cvhs.ptsa.mv)

Programs provided this year by the PTSA include:

- Classroom Grants
- Senior Scholarships to the CVHS Class of 2024
- Spirit of the Cougar Awards Luncheons
- Hospitality at school events
- Cougar Den (Spirit Wear Store)
- Teacher Appreciation
-

Volunteer! (You do not need to be a PTSA member to volunteer) We need your help! Please consider signing up for one or more of the options listed below. If you are a returning volunteer, please complete the form again for the new school year. Thank you!

- Library (textbook return)
- Cougar Den (Spirit Wear Store)
- One-Day Events
- Dance Volunteer (Coat check & wristbands)
- Food Donations for events
- Teacher Appreciation Week
- My business has goods and/or services I can donate

Volunteer Name: _____

Phone/Email: _____



Scan QR Code for volunteer sign up