CVHS PTSA 2023-2024 Programs, Merchant Rebates and Volunteering



CVHS PTSA depends on the support of our families and community to provide its many programs. You DO NOT need to be a PTSA member to volunteer.

Please Support our Merchant Rebate Programs – they're FREE for you and help us raise funds!!



Ralphs card must be re-registered every year

- 1. Login to your account at www.ralphs.com
- 2. Click on 'Your Name' and select 'My Account' (in the top right-hand corner)
- 3. Select Community Contributions from the menu on the left
- Scroll to bottom of page and select Capistrano Valley HS PTSA PR283

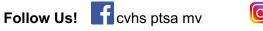
Programs provided this year by the PTSA include:

- Classroom Grants
- Senior Scholarships to the CVHS Class of 2024
- Spirit of the Cougar Awards Luncheons
- Hospitality at school events
- Cougar Den (Spirit Wear Store)
- Teacher Appreciation

Volunteer! (You do not need to be a PTSA member to

volunteer) We need your help! Please consider signing up for one or more of the options listed below. If you are a returning volunteer, please complete the form again for the new school year. Thank you!

- ____ Library (textbook return)
- Cougar Den (Spirit Wear Store)
- One-Day Events
- _____ Dance Volunteer (Coat check & wristbands)
- ____ Food Donations for events
- _____ Teacher Appreciation Week
- _____ My business has goods and/or services I can donate





Volunteer Name:_____

Phone/Email:



Scan QR Code for volunteer sign up